

2wk/ #1	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST		Bagels & cream cheese	Sausage	Hard Boiled Eggs	Grits	Biscuits	Pancakes
		Bacon	Cinnamon Toast	French Toast Sticks	Scrambled Eggs	ham	Hashbrowns
		scrambled eggs	Apples	Oatmeal	Bacon	Home fries	Bacon
		jelly		raisins and brown sugar	toast and jelly	Hard Boiled eggs	syrup
		fruit	orange juice	fruit	fruit	apple juice	fruit
		Homemade granola	Homemade granola	Homemade granola	Homemade granola	Homemade granola	
		plain yogurt	plain yogurt	plain yogurt	plain yogurt	plain yogurt	yogurt
		cereal	cereal	cereal	cereal	cereal	cereal
		milk	milk	milk	milk	milk	milk
LUNCH		Chicken fingers	taco meat	corn dogs	Grilled chicken sandwich	Barbecue	Homemade pizza
		potato chips	lettuce, tomato, onion	chicken wings	Totilla wraps	Curly fries	pasta salad
		pasta salad	sour cream, guacamole	Macaroni and cheese	tater tots	cole slaw	Pears
			tortilia chips		pickle and onion	hushpuppies	
			refried beans	cheese	Lettuce and tomato	Baked Beans	
			flour shells		sliced cheese	pineapple	
		cottage cheese	cottage cheese	cottage cheese	cottage cheese	cottage cheese	
		peaches	fresh fruit salad	carrot raisin salad	pineapple slices		
		salad bar	spinach salad	tossed salad	Caesar salad	salad bar	tossed salad
		chocolate chip cookies	pudding fruit cake trifle	Rice Krispy Treats	Jello	watermelon	Popsicles
		peanut butter and jelly	peanut butter and jelly	peanut butter and jelly	peanut butter and jelly	peanut butter and jelly	peanut butter and jelly
		tea and lemonade	tea and lemonade	tea and lemonade	tea and lemonade	tea and lemonade	tea and lemonade
DINNER		Spaghetti	Baked chicken	Ham	Roast Beef	Lasagna	Cold cut sandwiches
		Meat, marinara alfredo	rice and gravy	Sweet potato casserole	homemade mashed potato	Vegetarian Lasagna	turkey, salami, ham
		corn	peas and carrots	Fresh green beans	canned green beans	corn	cheese, pickle, onion
		Broccoli casserole	spinach casserole	Buttered pasta 30 pounds	gravy	steamed broccoli	lettuce and tomato
							chips
			red beans and rice	spinach tom moz couscous	rolls	garlic bread	potato salad
		salad bar	salad bar	salad bar			pea salad
		garlic toast	rolls	Red Lobster Biscuits	Ice cream sandwich	chocolate cake	sub rolls
		cupcakes	Blond brownies	Gingerbread			boxed cookies
		milk	milk	milk	milk	milk	sodas
	SNACK		Cheese and crackers	soft pretzels	ice cream cup	cookies	Chex mix
		fruit	fruit	graham cracker	fruit	fruit	
		milk	milk	fruit	milk	milk	

2wk/ #2	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cinnamon Biscuits	Sausage patties	Blueberry bread	Cinnamon Toast	Bagels and Cream Ch	Biscuits	Waffle sticks
	hard boiled eggs	scrambled eggs	oatmeal	Apples	scrambled eggs	Sausage patties	bacon
	Oatmeal	grits	Bacon	Sausage links	homefries	grits	hashbrowns
		toast	Hard boiled eggs			Hard boiled eggs	
	fruit	juice	fruit	juice	fruit	fruit	fruit
	yogurt	plain yogurt	plain yogurt	plain yogurt	plain yogurt	plain yogurt	yogurt
		Homemade granola	Homemade granola	Homemade granola	Homemade granola	Homemade granola	
	cereal	cereal	cereal	cereal	cereal	cereal	cereal
	milk	milk	milk	milk	milk	milk	milk
LUNCH	Turkey	Chicken Fillet Sandwich	Fish Fillet sandwich	Sloppy Joes	Tacos	Meatball subs	Parent's Day
	Rice and gravy	chips	Tuna and Egg Salad	french fries	corn chips	sub rolls	
	Stuffing	pickles	onion rings	Veggie burgers	etc	Tater tots	
	Green beans	lettuce and tomato			Seasoned corn & Black		
		cottage cheese	Broccoli salad	cabbage salad	Beans	cottage cheese	
	salad bar	peaches	cottage cheese	cottage cheese	cottage cheese	pineapple	
	Rolls	spinach salad	pears	Beet Mand.Orange Salad		Greek salad	
	Ice cream sundaes		salad bar	salad bar	salad bar	tossed salad	
		Rice Krispy Treats	Chocolate Pudding	chocolate chunk cookies	fresh fruit salad	Blonde Brownies	
		peanut butter and jelly	peanut butter and jelly	peanut butter and jelly	peanut butter and jelly	peanut butter and jelly	
	milk	tea and lemonade	tea and lemonade	tea and lemonade	tea and lemonade	tea and lemonade	tea and lemonade
DINNER	Hamburgers	Meatloaf	Pork chops	Boneless chicken breasts	Spaghetti	Chicken Fingers	
	Hotdogs	Homemade mashe potat	Sweet potato casserole	alfredo	Meat, marinara alfredo	Steak Fries	
	Veggie burgers	Peas and carrots	Broccoli	green beans	corn		
	lettuce, tomato, cheese	Gravy	rice	Pasta	Broccoli casserole	Green Beans	
	Onion Pickle	Mac and Cheese	**				
	chips	salad bar	salad bar	salad bar	salad bar		
	buns	Bread sticks	rolls	rolls	garlic toast	Biscuits	
	candy bars	yellow cake	apple crisp	Yellow cake	dirt pudding cake	Ice Cream Special	
	Punch	milk	milk	milk	milk	milk	
SNACK		Cheese and crackers	soft pretzels	ice cream cup	cookies	Chex mix	
		fruit	fruit	graham cracker	fruit	fruit	
		milk	milk	fruit	milk	milk	