

# CAMP HIGH ROCKS

## IMPORTANT INFORMATION FOR PARENTS AND CAMPER

-Please Keep This Sheet For Future Reference-

**2010 Season**  
**Mr. & Mrs. Henry Birdsong, Directors**  
**Camp High Rocks**  
**P.O. Box 210**  
**Cedar Mountain, North Carolina 28718**  
**(828) 885-2153**  
 www.highrocks.com

**EARLY REGISTRATION IS ADVISABLE TO ASSURE PLACEMENT**

### 2010 DATES AND RATES:

<u>SESSION</u>	<u>OPENING DAY</u>	<u>CLOSING DAY</u>	<u>RATE</u>
3-Week Session	Sunday, June 6	Friday, June 25	\$3,725
4-Week Session	Monday, June 28	Saturday, July 24	\$4,575
Mini Session I	Monday, June 28	Saturday, July 10	\$2,650
Mini Session II	Monday, July 12	Saturday, July 24	\$2,650
2-Week Session	Monday, July 26	Saturday, August 7	\$2,650
Starter Camp	Monday, August 9	Saturday, August 14	\$1,175

The camp fee includes all camping trips, daily riding, a reasonable supply of crafts material, riflery supplies, and laundry service. Personal expenditures - stamps, batteries, camp t-shirts, etc. - should not exceed \$60.00 and we suggest that this sum be deposited with the camp bank.

Campers may arrive at any time on opening day after 9:00 a.m. (Preferably by lunchtime.)  
 On closing day, we suggest all campers be picked up by 1 p.m. Airplane departure times need to be **prior to 2:00 p.m.**  
 We cannot accommodate campers prior to opening day or after closing day of a session.

### TERMS:

Applications are accepted for a **full term only**. Reservations are made only upon receipt of a signed application accompanied by the required deposit. Enrollment is limited to 144 campers. Returning campers have priority over new campers if application is postmarked by September 15th. After September 15th all applications are on a first come, first served basis. Early application is advisable. If a cancellation is necessary, the deposit, less \$200, is refundable if written notice is received prior to February 1. There is no refund made for cancellations after February 1. The \$750.00 deposit of an applicant on the waiting list is totally refundable if space does not become available. No refund will be made for late entrance or early withdrawal. No refund will be made in case of dismissal. The director reserves the right to dismiss any camper who violates the camp rules or is judged detrimental to the general welfare of the camp.

The camp fees are payable as follows:

Registration.....	\$750.00 (\$200 is Non-Refundable)
By February 1 .....	3-Week Session.....\$1500
	4-Week Session.....\$1950
	Mini Sessions & 2-Week Session.....\$950
	Starter Camp.....\$200
By May 1 .....	Balance of Account

### HEALTH AND MEDICAL INFORMATION:

Services of our resident Registered Nurse and of the camp infirmary are included in the fee. Apart from the above services, the Camp does not assume responsibility for medical or dental costs incurred by a camper. Any medical bills incurred by a camper for treatment of illness or accident will be forwarded to his parents for payment. A camp health form to be filled out by your son's physician will be mailed to you at a later date.

### LOCATION:

Camp High Rocks is located eight miles south of Brevard, North Carolina, off Highway 276. In order to reach High Rocks, there are plane connections in Asheville, North Carolina. Upon request, we will meet campers flying into Asheville.

More detailed information concerning transportation and baggage will be sent to each camper well before camp opens.

**www.highrocks.com**

## GENERAL INFORMATION:

**PLEASE NOTE: No packages should be sent to campers and no food, gum, or candy should be brought to camp or sent to campers.** Any food or candy brought or sent to camp will be donated to a local charity.

Use of tobacco, alcohol and unprescribed drugs will not be permitted among campers.

Due to the short duration of our sessions, there is no visitation until Parent's Day, the final day of each session.

There are no facilities for housing visitors at camp. Motels in Brevard are easily reached.

We like to grant cabin requests when feasible but must reserve the right of final decision and avoid definite promises. The requested cabinmates must request each other on the application form. The boys must be in the **same grade** and be approximately the same age. We try to arrange the cabins so that no more than two campers from the same area live in the same cabin.

Since our phone facilities are very limited, we do not permit our campers to use the phone except in the case of an emergency, and then the call must be cleared by the director. If you have concerns about your son, please feel free to call the director. The camp office is open each day from 9 a.m. until 5 p.m. You are encouraged to call during these hours.

## WHAT TO BRING:

- High Rocks does not have a camp uniform. We recommend plain, durable clothes that are washable rather than requiring dry cleaning. Laundry is a weekly service, provided by High Rocks.
- Our climate is apt to include some cool weather, especially in June - but usually our days are mild, with nights requiring two blankets, sometimes three.
- Campers should not bring any food, knives, weapons, animals, aerosols or spray cans. Fans should not be brought to camp unless battery powered. **Cell phones, video iPods, gameboys, computers etc., are not allowed at camp.**
- Camp backpacks are available for use with overnight trips.

### CLOTHING

- 8-10 T-Shirts
- 2 long sleeve synthetic tops (Under Armour, Capilene, Duofold, etc., – not cotton)
- 8 pr. undershorts
- 8 pr. athletic socks
- 2 pr. hiking socks (not cotton)
- 5 pr. long pants (jeans or khakis)
- 5 pr. shorts
- 2 bathing suits
- 2 pr. pajamas
- 1 fleece jacket
- 1 raincoat or poncho
- 2 pr. tennis shoes
- 1 pr. hiking shoes (broken in), preferably lace high top, with heel
- 1 pr. shoes to get wet and dirty
- 1 pr. "Teva" style sandals (with heel strap, not flip-flops) or shoes to get wet

### BEDDING AND BATH

- 4 sheets (Note: our beds are 36" (single bed) wide – 2 fitted, 2 flat)
- 1 pillow with two pillow cases
- 2 blankets (unzipped sleeping bag can serve as second blanket)
- 5-6 towels and 3 washcloths

### OTHER ITEMS TO BRING

- 1 lightweight sleeping bag preferably dacron-filled (not cotton or down-filled)
- 1 waterproof stuffsack for sleeping bag
- 1 laundry bag
  - toilet articles - toothbrush, toothpaste, shampoo, comb, etc., (any deodorant should be roll-on type, not spray)
  - small ditty bag for toiletries.
- 1 flashlight (and extra batteries)
- 2 Nalgene water bottles (32 oz.) or canteens
- 1 bug repellent (wipes or pump spray, no aerosols)
- 1 day pack (book bag)

### OPTIONAL

- 1 suitable framed backpack (Camp will supply a backpack free of charge, if needed)
- 1 closed cell sleeping pad for backpacking
- 1 camel bak style hydration pack (for mountain biking)
- 1 tennis racquet and 1 unopened can tennis balls
- 1 fishing gear (single hooks only; barbless)
- 1 camera and film
- soccer shinguards
- writing paper, pen, envelopes (stamped and preaddressed)