

# CAMP HIGH ROCKS – JUNIOR CAMP

## SUGGESTED PACKING LIST

We recommend that you use the list below as a guide for the clothes and equipment that your camper brings to camp this summer. It can be helpful to show younger campers where you packed certain items in the trunk.

Please do not bring any food, knives, electronics, cameras, aerosols or hammocks to camp. **ALL** clothing, including shoes, athletic equipment, fishing gear, or anything else you want returned, should be **clearly marked with your camper's name**. Please do not just use initials, if possible. We have found that there are clothing labels on the market that work best; however, Sharpies work fine as well.

### Clothing

- 7 t-shirts\*
- 1 sweatshirt\*
- 2 long-sleeved synthetic tops (Under Armour, or mid-weight polypro) –Not Cotton
- 7 pairs underwear
- 8 pairs socks\*
- 1 pair hiking socks (not Cotton)
- 2 pairs long pants (jeans, khakis or synthetic)
- 7 pairs shorts\*
- 2 bathing suits
- 1 fleece jacket
- 2 pairs pajamas or other sleepwear\*
- 1 coated nylon poncho or raincoat (not thin plastic)

### Footwear

- 2-3 pairs of tennis shoes or similar sturdy comfortable shoe for day-to-day athletic use.
- 1 pair Teva/ Chaco style sandals or other water shoes to get wet (with heel strap, not flip-flops). Crocs do not work.

### Equipment and Gear

- Toilet articles – comb/brush, toothbrush with cover, toothpaste, shampoo, body wash, deodorant, etc.
- Small toiletry bag/shower caddy
- 1 book bag / daypack (used around camp from activity to activity) -should be able to hold a towel, shoes, raingear, and a water bottle
- 2 Nalgene type water bottles; 32oz. \*
- Flashlight or headlamp (normal size for ease in backpacking)
- 1 lightweight backpack-style sleeping bag (not cotton or down filled) rated around 30°F
- 1 stuff sack for sleeping bag
- Bug repellent
- Sunscreen

### Bedding and Linens

- 1 sets of sheets (single bed)
- 1 pillow
- 1 pillowcase
- 2 blankets\*
- 3 towels\*
- 2 washcloths
- Laundry bag\*

### Optional Items

These can be helpful if you have a preference but **are not required**. Camp will supply all the items your son will need for activities.

- Books and summer reading
- Stamped, pre-addressed envelopes in sealed ZipLocks
- Writing paper, pens
- Stuffed animal
- Tennis racquet
- Disc Golf discs
- Climbing Shoes and chalk bag
- Fishing pole and gear - single hook lures only
- Ping Pong paddle
- Crazy Creek chair\*
- Battery-operated fan

**Items with an asterisk (\*) are available for pre-order online through our camp store.**