



Roadmap to 2021

The information surrounding COVID-19 is constantly changing and evolving. Our “Roadmap to 2021” document uses the latest COVID-19 best practices for summer camp published by the [CDC](#) and [American Camp Association](#). We also gathered information from summer camps that operated in 2020, our camp medical team, pediatricians, and infectious disease experts. As information changes and evolves, so too will our plans for the summer to reflect current information.

A Healthy Camp Begins at Home

Campers will be asked to follow a set of CDC recommended behaviors prior to arrival at camp. This includes good handwashing, wearing face coverings while around others, daily monitoring of health, and avoiding close contact with people outside of your household. While we have not fully settled on the expectations for campers and families prior to arrival, expect it to include pre camp-testing, a daily healthy screening, and behaviors consistent with mitigating the spread of Covid-19.

- **Pre-Camp Testing**
 - Campers will be required to complete at least one molecular PCR COVID-19 test prior to camp and submit the results to camp. The test must be negative for your camper to attend.
 - Each camper will also be required to complete and submit a daily health monitoring form before arrival.
- **Travel to Camp** - It is preferred that campers will travel to camp by personal vehicle. If a camper is planning to fly to camp they must wear a face covering and maintain social distancing at all times during travel.
- **Who Should Not Come?** - We understand this might not be the right summer for your son to attend camp. If a camper or staff member is at higher risk for COVID-19 complications, we highly recommend they consult their medical provider to assess the risk of attending camp. Families who are unable to pick up their child within 24 hours should not attend camp this summer. Families who are not comfortable with the increased risk of contracting Covid-19 should not attend camp this summer.

A Closed Community- The Imperfect Bubble

Our safety plans this summer rely on many NPIs (non-pharmaceutical interventions) such as handwashing, social distancing, and importantly our camp “bubble”. Each of these NPIs adds another layer of protection. We also understand that none of these layers can be done perfectly, which is why having multiple layers is important. A relatively closed community will be an important layer. Visitors outside the camp community will be limited. We will continue to take trips to forests and rivers where public interaction is minimal.

Vaccine Information

We are monitoring updates with Pfizer’s vaccine already receiving emergency use authorization and several other vaccines on the horizon. Vaccines may be available, but we are not assuming our primarily healthy, pediatric, and young adult population will have broad access to a vaccine prior to June 2021.

Opening Day & Closing Day

Opening and Closing days will be altered to mitigate COVID-19 and allow for safety to be at the forefront. We are still working through what these days will look like. Expect to have scheduled arrival and departure times. At this time, we will not be able to offer the closing day lunch and program we have in past summers.

- **Arrival Day Covid-19 Test** - We plan to perform a rapid COVID-19 test upon arrival. If a camper's test is positive or raises concerns, we will give their parents a call and ask them to return to camp immediately.

Program and Groups

Community at camp will continue to be at the core of everything we do. For safety, group interactions among our camp community will look a little different. We are planning modified schedules that still allow for some choice but reduce cross household interactions.

- **Households** will consist of campers and staff from both sides of a cabin building (ex: Lakeside 1 and 2). When solely with their households (ex: in their cabin or in the gym), campers and staff do not need to wear face masks.
- **Neighborhoods** will consist of two to three households. While in Neighborhood groups for things such as assembly, dining, or campfire, we will observe at least two of our guiding principles (see below). As of now, we are planning that neighborhoods will attend activities together. This is distinct from our regular activity schedule. Rather than each camper having a custom schedule, they will choose between several options available to their neighborhood each period. Over the course of a session, campers will have access to all of our activity offerings.

Guidance for Interactions Between Different Households

At least two out of the three guiding principles must be observed when members of different households interact.

- **Three Guiding Principles:**
 - Outside or Open Air Setting (i.e. open air gym)
 - Wearing Face Coverings
 - Distancing Protocols: Six feet of separation minimum

Face Coverings

Campers and Staff will be required to have a face covering with them at all times.

- We will wear face coverings when indoors with and/or interacting within six feet of anyone outside our household.
- Within a household, campers and counselors are not required to wear face coverings.
- Campers and counselors will wear face coverings while in the Health Center unless instructed otherwise by the medical staff.
- Whenever singing or cheering.
- While walking into or out of group settings like the dining hall.

Distancing Protocols

Social distancing is an important layer of our NPIs. Maintaining distance is an important strategy to slow the spread of COVID-19. We are creating markers, cones, and 6 feet signs to help our community socially distance from one another.

Daily Health Checks

We will conduct daily health screenings for both campers and staff. These will be similar to those you will conduct at home before campers arrive. This will include temperature checks and questions; any campers noting the following will be taken to the Health Center: cough, shortness of breath, chills, muscle pain, headache, sore throat, loss of taste or smell, diarrhea, feeling feverish or a measured temperature equal to or greater than 100.4 degrees Fahrenheit.

Cleaning and Disinfecting

We will have enhanced cleaning and sanitizing around the camp facility throughout the summer. We are making significant updates and improvements to the sanitation and overall hygiene of camp. All cleaning products are EPA / CDC approved to prevent the spread of COVID-19.

- Enhanced bathroom cleaning measures will be in place.
- High touch surfaces in activity areas will be disinfected between activity periods.
- Common areas and high touch surfaces around camp will be disinfected at regular intervals.

Hand Washing and Sanitizing Stations

Campers and Staff will be instructed in proper hand washing techniques and will be required to wash their hands regularly throughout the day. Alcohol-based sanitizer will be used during times hand washing is not available or easily accessible. Hand washing/sanitizing will happen: before and after each activity, before and after eating, after sneezing, coughing, or nose blowing, after using the restroom and after using shared equipment.

Dining Hall

During meals we will be reducing the group size in the Dining Hall and utilizing outdoor dining spaces. Campers will eat more meals outside such as on our picnic tables, around the campfire, or under one of our covered outdoor areas. We will still be using our inside dining but at a lower capacity.

- Campers and Staff will be required to wash their hands upon entrance and exit from the dining hall. Hand sanitizer will also be stationed on each table.
- At this time, we are working on restructuring our dining hall procedures and flow to maintain physical distancing among our campers and staff.
- There will be no self-serve areas like salad bars or condiment stations.
- Staff members will be serving all food.
- Tables will only be shared among members of a household.

Staff

As we are hiring for 2021, staff interviews will all have questions regarding COVID-19 to ensure we are hiring staff who are committed to keeping camp safe. Camp staff will be well-trained, and your child's health and safety will be paramount.

Last Update: December 17th, 2020

- Staff will have a Covid-19 PCR test prior to arrival and then a rapid test upon their arrival to camp. Until test results are returned, staff will remain socially distant from one another.
- New staff training sessions are being created focused on COVID-19 mitigation.
- Staff will wear face masks in areas in which they are unable to remain socially distant from others outside of their households. See Face Covering and Distancing Protocols for more information about Camp's policies.

Response Management of a Case or Probable Case

In the event someone does fall ill at camp in 2021, we are working with our medical team to create a multi-staged quarantine and isolation procedure that will allow us the time to determine the best response, including whether or not the ill camper will be able to rejoin the camp population. If a camper tests positive or is suspected to have COVID-19, we will call their parents and ask that they be picked up within 24 hours. A prorated refund for the remaining days of the session will be given.

Parent Communication

As always, Camp High Rocks strives to communicate with parents in a transparent, thoughtful, and thorough manner. Knowing the importance of communication this summer, we are committed to open dialogue and communication with families every step of the way.

- Parents will be kept well informed throughout each session about COVID testing, isolation and quarantine measures if required, as well as the “normal stuff” too like photos and blogs.
- If a camper or staff tests positive for COVID while in our care, we will notify all parents with campers on site via email and identify the specific measures we are taking to address the situation.

Work in Progress

Please understand this is a working document. All of these considerations are subject to change. This Roadmap to 2021 is not our final operations manual for 2021. **Rather it is a snapshot of our thinking if we were to open camp next month, based on what we know now from science and best practices today.** Modifications will be based on current and relevant scientific research, CDC, state, and local guidelines. Our community's safety will be at the forefront of all decisions.