

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Blueberry Muffins Hard boiled eggs Oatmeal Fresh fruit and berries Homemade granola Yogurt Cereal Milk	English Muffins Cream cheese Scrambled eggs Jelly Fresh fruit and berries Homemade Granola Yogurt Cereal Milk	Grits Scrambled Eggs Bacon Toast and jelly Fresh fruit and berries Homemade Granola Yogurt Cereal Milk	Hard Boiled Eggs French Toast Sticks Oatmeal Raisins and brown sugar Fresh fruit and berries Homemade Granola Yogurt Cereal Milk	Sausage Homemade Scones Apples Orange juice Homemade Granola Yogurt Cereal Milk	Biscuits Ham Home fries Hard boiled eggs Fresh fruit and berries Homemade Granola Yogurt Cereal Milk	Pancakes Hashbrowns Bacon Syrup Fresh fruit and berries Homemade Granola Yogurt Cereal Milk
LUNCH	Beef tips and gravy Homemade Mashed Potatoes Green beans Vegetarian option Yeast Rolls Salad Bar Sunflower butter & jelly Tea and lemonade	Chicken Fillet Sandwich Chips Lettuce, tomato, onion Onion rings Cottage cheese Peaches Broccoli salad Salad Bar Sunflower butter & jelly Tea and lemonade	Taco Tuesday! Ground beef Black and refried beans Lettuce, Tomato, Cheese Salsa, Sour Cream Tortilla chips and shells Guacamole Corn Salad Salad Bar Sunflower butter & jelly Tea and lemonade	Meatball subs Sub rolls Sweet potato fries Macaroni salad fresh fruit salad Salad Bar Sunflower butter & jelly Tea and lemonade	Grilled Chicken Sandwich Tater tots Sliced cheese Pickle, Onion Lettuce and tomato Napa cabbage salad Pineapple slices Salad Bar Sunflower butter & jelly Tea and lemonade	Philly steak subs Fries Cheese, peppers, onion Spinach salad w/ apples and cranberries Watermelon Salad Bar Sunflower butter & jelly Tea and lemonade	Cold cut sandwiches Turkey, salami, ham Cheese, pickle, onion Lettuce and tomato Macaroni and cheese Vegetarian option Salad Bar Sunflower butter & jelly Tea and lemonade
DINNER	Hamburgers Hotdogs Veggie burgers Lettuce, tomato, cheese Pickle, Onion Chips Buns Candy bars	Baked chicken Rice and gravy Stuffing Spinach casserole Vegetarian option Salad Bar Yeast Rolls Chocolate pound cake	Pork Roast Sweet potato casserole Green beans steamed Red beans and rice Vegetarian option Salad Bar Corn bread Cheesecake	Chicken alfredo Pasta Carrots and broccoli Asparagus Vegetarian option Salad Bar Bread sticks Strawberry shortcake	Sesame chicken Rice Sauted fresh vegetables Egg rolls Vegetarian option Salad Bar Yeast Rolls Apple Crisp	Lasagna Vegetarian Lasagna Corn Brussell sprouts Vegetarian option Salad Bar Garlic bread Ice cream sundaes	Pizza Party! Chips Sodas Cookies Homemade
SNACK		Soft pretzels Fruit	Cheese and crackers Fruit	Cheezits Fruit	Cheese and crackers Fruit	Chex mix Fruit	

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	Cinnamon Rolls (Homemade!) Hard boiled eggs Fresh fruit and berries Yogurt Homemade granola Cereal Milk	Scrambled eggs Toast Smoked sausage Grits Juice Yogurt Homemade granola Cereal Milk	Hard boiled eggs French Toast Bacon Fresh fruit and berries Yogurt Homemade granola Cereal Milk	Cinnamon Toast Apples Sausage Oatmeal Juice Yogurt Homemade granola Cereal Milk	Scrambled eggs English Muffins Homefries Cream of wheat Fresh fruit and berries Yogurt Homemade granola Cereal Milk	Biscuits Sausage Grits Scrambled eggs Fresh fruit and berries Yogurt Homemade granola Cereal Milk	Pancakes Bacon Hashbrowns Fresh fruit and berries Yogurt Homemade granola Cereal Milk
LUNCH	Turkey Mashed potatoes/gravy Stuffing Green beans Rolls Salad Bar Sunflower butter & jelly Milk	Chicken fingers French fries Pasta salad Pears & Cottage Cheese Spinach salad Salad Bar Sunflower butter & jelly Tea and lemonade	Taco Tuesday! Ground beef Black and refried beans Lettuce, Tomato, Cheese Salsa, Sour Cream Tortilla chips and shells Guacamole Corn Salad Salad Bar Sunflower butter & jelly Tea and lemonade	Tomato Basil Soup Grilled Cheese Sand. Fresh fruit salad Chips Salad Bar Sunflower butter & jelly Tea and lemonade	BLT Sandwiches Bacon, Lettuce, Tomato Fresh fruit salad Pasta Salad Salad Bar Sunflower butter & jelly Tea and lemonade	Grilled chicken Pita Bread Tzatziki Sauce Falafel Feta, Lettuce, Tomato Pita chips and Hummus Watermelon Salad Bar Sunflower butter & jelly Tea and lemonade	BBQ chicken and pork Baked beans Hushpuppies Cole slaw Mac and cheese Fruit/cottage cheese Salad Bar Sunflower butter & jelly Tea and lemonade
DINNER	Hamburgers Hotdogs Veggie burgers Lettuce, tomato, cheese Pickle, Onion Chips Pasta salad Buns Candy bars (1)	BBQ chicken Broccoli Rice Tomato Pie Vegetarian option Salad Bar Yeast Rolls Cake	Roast beef Homemade Mashed Potatoes Peas Squash Casserole Vegetarian option Salad Bar Corn bread Brownies	Spaghetti Meat sauce Alfredo Suace Roasted Brussels Vegetarian option Salad Bar Garlic Bread Caramel Bars	Roast Turkey Roasted carrots Steamed Broccoli Rice and gravy Vegetarian option Salad Bar Yeast Rolls Cookies	Fried chicken Steak fries Green beans Vegetable tray Vegetarian option Salad Bar Biscuits Lots!! Ice cream sundaes	Pizza Party! Chips Sodas Cookies Homemade
SNACK		Soft pretzels Fruit	Cheese and crackers Fruit	Cheezits Fruit	Cheese and crackers Fruit	Chex mix Fruit	